

Quality At An Everyday Price

Nutrition Facts		
Serving Size 1/2 cup (65g)		
Servings Per Container 4		
Amount Per Serving		
Calories 150	Calories from Fat 80	
% Daily Value*		
Total Fat 9g	14%	
Saturated Fat 4.5g	23%	
Trans Fat 0g		
Cholesterol 25mg	8%	
Sodium 70mg	3%	
Total Carbohydrate 16g	5%	
Dietary Fiber 0g	0%	
Sugars 13g		
Protein 2g		
Vitamin A 4% • Vitamin C 0%		
Calcium 8%	• Iron 0%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories:	2,000	2,500	
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Butter Pecan

Nutrition Facts		
Serving Size 1/2 cup (65g)		
Servings Per Container 4		
Amount Per Serving		
Calories 130	Calories from Fat 60	
% Daily Value*		
Total Fat 7g	11%	
Saturated Fat 4.5g	23%	
Trans Fat 0g		
Cholesterol 30mg	10%	
Sodium 50mg	2%	
Total Carbohydrate 17g	5%	
Dietary Fiber 1g	0%	
Sugars 14g		
Protein 3g		
Vitamin A 6% • Vitamin C 0%		
Calcium 8%	• Iron 4%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories:	2,000	2,500	
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Chocolate

INGREDIENTS: SKIM MILK, CREAM, SUGAR, CORN SYRUP, PECAN PIECES (ROASTED IN COTTONSEED OIL, BUTTERED, HIGH FRUCTOSE CORN SYRUP, SALTED), WHEY, CONTAINS 2% OR LESS OF MONO- AND DIGLYCERIDES, GUAR GUM, CALCIUM SULFATE, LOCUST BEAN GUM, CARRAGEENAN, NATURAL FLAVOR, CARAMEL (COLOR).

CONTAINS: MILK

PRODUCED ON EQUIPMENT THAT ALSO PROCESSES: PEANUTS, TREE NUTS, WHEAT, SOY AND EGGS.

Nutrition Facts		
Serving Size 1/2 cup (65g)		
Servings Per Container 4		
Amount Per Serving		
Calories 140	Calories from Fat 70	
% Daily Value*		
Total Fat 8g	12%	
Saturated Fat 5g	25%	
Trans Fat 0g		
Cholesterol 25mg	8%	
Sodium 50mg	2%	
Total Carbohydrate 17g	6%	
Dietary Fiber 0g	0%	
Sugars 14g		
Protein 2g		
Vitamin A 4% • Vitamin C 0%		
Calcium 8%	• Iron 0%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories:	2,000	2,500	
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Coconut

Nutrition Facts		
Serving Size 1/2 cup (65g)		
Servings Per Container 32		
Amount Per Serving		
Calories 140	Calories from Fat 60	
% Daily Value*		
Total Fat 7g	11%	
Saturated Fat 4.5g	23%	
Trans Fat 0g		
Cholesterol 25mg	8%	
Sodium 60mg	3%	
Total Carbohydrate 18g	6%	
Dietary Fiber 0g	0%	
Sugars 14g		
Protein 2g		
Vitamin A 4% • Vitamin C 0%		
Calcium 8%	• Iron 0%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories:	2,000	2,500	
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Cookies & Cream

INGREDIENTS: SKIM MILK, CREAM, SUGAR, CHOCOLATE FLAVORED COOKIES (SUGAR, ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], VEGETABLE OILS [SOYBEAN, PALM, PALM KERNEL], COCOA [PROCESSED WITH ALKALI]), INVERT SUGAR, YELLOW CORN FLOUR, CHOCOLATE, MODIFIED CORNSTARCH, SALT, LEAVENING [BAKING SODA, MONOCALCIUM PHOSPHATE], WHEY, NATURAL AND ARTIFICIAL FLAVOR, SOY LECITHIN, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WHEY, CONTAINS 2% OR LESS OF MONO- AND DIGLYCERIDES, GUAR GUM, CALCIUM SULFATE, LOCUST BEAN GUM, CARRAGEENAN, ARTIFICIAL VANILLA, ANNATO (COLOR).

CONTAINS: MILK, WHEAT, SOY

PRODUCED ON EQUIPMENT THAT ALSO PROCESSES: PEANUTS, TREE NUTS, WHEAT, SOY AND EGGS.



JtsIceCream
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San Bernardo Ice Cream

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JtsIceCream.com

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Quality At An Everyday Price

Nutrition Facts		
Serving Size 1/2 cup (65g) Servings Per Container 32		
Amount Per Serving		
Calories 120	Calories from Fat 50	% Daily Value*
Total Fat 6g	9g	9%
Saturated Fat 4g	20%	
Trans Fat 0g		
Cholesterol 25mg	8%	
Sodium 45mg	2%	
Total Carbohydrate 15g	5%	
Dietary Fiber 0g	0%	
Sugars 13g		
Protein 2g		
Vitamin A 6%	• Vitamin C 4%	
Calcium 8%	• Iron 0%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
Calories: 2,000 2,500
Total Fat Less than 65g 80g
Sat Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g
Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Mango

Nutrition Facts		
Serving Size 1/2 cup (65g) Servings Per Container 4		
Amount Per Serving		
Calories 140	Calories from Fat 50	% Daily Value*
Total Fat 6g	9g	9%
Saturated Fat 4g	20%	
Trans Fat 0g		
Cholesterol 25mg	8%	
Sodium 45mg	2%	
Total Carbohydrate 19g	6%	
Dietary Fiber 0g	0%	
Sugars 16g		
Protein 2g		
Vitamin A 4%	• Vitamin C 0%	
Calcium 8%	• Iron 0%	

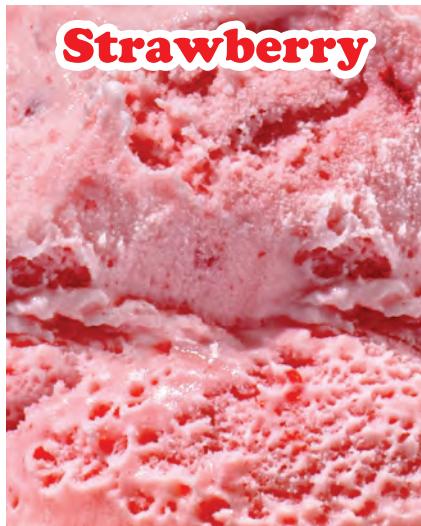
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
Calories: 2,000 2,500
Total Fat Less than 65g 80g
Sat Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g
Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Rum Raisin



Nutrition Facts		
Serving Size 1/2 cup (65g) Servings Per Container 32		
Amount Per Serving		
Calories 130	Calories from Fat 50	% Daily Value*
Total Fat 9g	11%	
Saturated Fat 4g	20%	
Trans Fat 0g		
Cholesterol 25mg	8%	
Sodium 45mg	2%	
Total Carbohydrate 17g	6%	
Dietary Fiber 0g	0%	
Sugars 14g		
Protein 2g		
Vitamin A 4%	• Vitamin C 0%	
Calcium 8%	• Iron 0%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
Calories: 2,000 2,500
Total Fat Less than 65g 80g
Sat Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g
Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



Strawberry

Nutrition Facts		
Serving Size 1/2 cup (65g) Servings Per Container 12		
Amount Per Serving		
Calories 130	Calories from Fat 60	% Daily Value*
Total Fat 7g	11%	
Saturated Fat 4.5g	23%	
Trans Fat 0g		
Cholesterol 30mg	10%	
Sodium 45mg	2%	
Total Carbohydrate 16g	5%	
Dietary Fiber 0g	0%	
Sugars 13g		
Protein 2g		
Vitamin A 6%	• Vitamin C 0%	
Calcium 8%	• Iron 0%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
Calories: 2,000 2,500
Total Fat Less than 65g 80g
Sat Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g
Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: SKIM MILK, CREAM, SUGAR, STRAWBERRIES (STRAWBERRIES, CORN SYRUP, WATER, HIGH FRUCTOSE CORN SYRUP, MODIFIED CORNSTARCH, SUGAR, NATURAL FLAVORS, CITRIC ACID, SODIUM BENZOATE AND POTASSIUM SORBATE [PRESERVATIVES], RED 40), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WHEY, CONTAINS 2% OR LESS OF MONO- AND DIGLYCERIDES, GUAR GUM, CALCIUM SULFATE, LOCUST BEAN GUM, CARRAGEENAN, NATURAL AND ARTIFICIAL FLAVOR, RED 40.

CONTAINS: MILK
PRODUCED ON EQUIPMENT THAT ALSO PROCESSES: PEANUTS, TREE NUTS, WHEAT, SOY AND EGGS.



Vanilla

INGREDIENTS: SKIM MILK, CREAM, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WHEY, CONTAINS 2% OR LESS OF MONO- AND DIGLYCERIDES, GUAR GUM, CALCIUM SULFATE, LOCUST BEAN GUM, CARRAGEENAN, ARTIFICIAL VANILLA, ANNATTO (COLOR).

CONTAINS: MILK
PRODUCED ON EQUIPMENT THAT ALSO PROCESSES: PEANUTS, TREE NUTS, WHEAT, SOY AND EGGS.



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